

# PSA Rising

When your PSA is rising while on hormone therapy, you are considered “*castrate-resistant*” (previously called hormone refractory or androgen independent). There are several questions that arise immediately, and several challenges you may be faced with. Is my cancer coming back? If so, where is it? Are there other tests I can ask for? What treatments are available? Which should I try first, second, third? Will I be able to deal with the side effects? How long can I do this?

This page is intended to help you with all of these things as you make this journey. Remember that prostate cancer recurrence is not always life-threatening, and many times can be turned into a chronic disease. Simply put, you can often live with a little bit of cancer. Just because you didn't receive “cure” with your previous treatment, doesn't mean the cancer will take your life. There is a middle road. (Read Understanding Survival Statistics below)

For men who have a rising PSA, but a clear bone scan, CT scan, and maybe even PET scan, you would be considered **non-metastatic (NM)**.

For men who have a rising PSA and a positive bone scan, or CT scan, or PET scan, you would be considered **metastatic (M)**.

Most articles in this section apply to both metastatic **(M)** and non-metastatic **(NM)** but a few articles have an indication of one or the other.

You will also find help for [side effects](#) issues at the bottom of this section.

## Articles & Videos

- [What's the Difference Between a Urologist and a Medical Oncologist? And Which One Should I be Seeing?](#) Jan

Manarite, 2015

- [What's the Difference Between a Radiologist and a Radiation Oncologist?](#) Jan Manarite, 2015
- [What's the Difference Between a Radiologist and a Nuclear Medicine Physician? And What the Heck is Nuclear Medicine?](#) Jan Manarite, 2015
- [Understanding Survival Statistics](#) – Jan Manarite, PCRI, 2013\*
- [20+ Year Survivors](#) Anonymous, 2013
- [How Fear Affects Cancer Survivorship](#) – Jesse Gruman PhD, 2013
- [The Complicated Dilemma of Living with Cancer](#) – Don S Dizon MD, 2013
- [The Importance of Belonging to a Support Group](#) – Gene Van Vleet, 2011
- [Online Support Group for Advanced Prostate Cancer - Malecare, Moderated by Joel Nowak, 2016](#)
- [Men Who Speak Up: An Awareness Campaign from Survey Results](#) – Jan Manarite and Rick Profit, 2015

## Testing

- [Two Different Types of Bone Scans](#) – Jan Manarite, 2015
- [Understanding Your Bone Scan](#) – Jan Manarite, PCRI, 2012\*
- Video – [Confusing Prostate Cancer Terms \(PSA, Bone Scans, more\)](#) – Charles 'Snuffy' Myers MD, 2015
- [C11 Acetate PET/CT Imaging for Prostate Cancer](#) – Fabio Almeida MD, 2012
- [Update: C11 Acetate PET/CT Imaging for Prostate Cancer](#) – Fabio Almeida MD, 2015
- [Dr Eugene Kwon on Oligometastatic Disease \[and C11 Choline PET\]](#), 2014
- [AR-V7 Blood Test Now Available for mCRPC Patients, \(M\)](#) Jan Manarite, 2016

## Treatments

- ["AAWR"-Antiandrogen Withdrawl Response \[stopping Casodex](#)

[may lower PSA](#)], PCRI \*

- [PSA Rising on Hormone Therapy? Two Interesting Clinical Trials \(NM\)](#) – Jan Manarite, June 2015
- [Do All Clinical Trials Have Placebo?](#) – Jan Manarite, 2015
- [Clarifying Concepts: The Word Symptom means Pain](#) – Jan Manarite, 2015
- [A Prostate Cancer Treatment that Worked for Me](#) – Doug F, 2013
- [Clarifying Concepts: Every Drug has 2 Names](#) – Jan Manarite, 2015
- [The Effect of Radiation on the Immune System: Clinical Case Study](#) – Mark Scholz MD, 2014\*
- [PROVENGE: Common Questions for an Uncommon Treatment \(M\)](#) – Jan Manarite, 2011\*
- Video – [Sipuleucel-T \[PROVENGE\] earlier \(M\)](#) David Crawford, MD, 2013
- Video – [PROVENGE \(M\)](#) Charles ‘Snuffy’ Myers, MD, 2010
- Video – [More on PROVENGE \(M\)](#) Charles ‘Snuffy’ Myers, MD, 2010
- Video – [PROVENGE Case Study \(M\)](#) Charles ‘Snuffy’ Myers, MD, 2010
- [Abiraterone \(Zytiga®\) Information for Patients and Families](#) Univ of MI, 2012
- Adding Prednisone to Zytiga – More Side Effects? Jan Manarite 2016
- [Xtandi survival benefit in pre-chemo prostate cancer,](#) 2014
- [Sequencing Radium-223 \[Xofigo\] and Docetaxel \[Taxotere\] in Prostate Cancer,](#) Medscape, 2014 (M)
- Video – [Xofigo Combinations \(M\)](#), Charles ‘Snuffy’ Myers, MD, 2014
- [Understanding Survival Statistics](#) – Jan Manarite, 2013\*
- [On the Horizon – Individualized Biomarker Driven Therapy in CRPC,](#) Shahrooz Eshaghian MD, 2016
- [Some Current Clinical Trials – In the Field of Biomarkers,](#) Jan Manarite, 2016

## Side Effects

- [Bone Health & PC: Understanding Your Risk of Osteoporosis](#) – Jan Manarite, 2015\*
- video – [Targeting Side Effects from Hormone Therapy: What Helps?](#) Tracey Thomas, ND, 2014
- Video – [Memory & ADT for PCa](#) Charles ‘Snuffy’ Myers, MD, 2012
- Video – [Bone Loss & ADT](#) Charles ‘Snuffy’ Myers, MD, 2011
- Video – [Building Muscle While on ADT for Prostate Cancer](#) Charles ‘Snuffy’ Myers, MD, 2011
- Video – [Sex on Hormonal Therapy](#) Charles ‘Snuffy’ Myers, MD, 2010
- Video – [Hormonal Therapy and Your Marriage](#) Charles ‘Snuffy’ Myers, MD, 2010
- Video – [Insomnia & PCa](#) – Charles ‘Snuffy’ Myers MD, 2012
- [Androgen deprivation therapy side effects improved somewhat with exercise,](#) 2013
- [Radiation Therapy \[to metastases\] Overused in Advanced Prostate Cancer, One Study Says \(M\)](#) 2013

\*Owned and originally posted by PCRI.ORG